

# Pretty in Pink

Grab your mom, grandmother, daughter, and friends and your favorite pink outfit! Join us for a fun filled educational Evening of Pink!

**March 4th from 6—8 p.m.  
Naaman Diehl Auditorium**

- Healthier Cooking Demonstration and Meal
  - Hat's off to Health Skit
  - Basic Breast Health Education
    - CPR Refresher

Cholesterol Screening—Must fast 4 hrs. prior

**Goodie Bags**

**Sample Healthy Meals**

- 5:30 p.m. Sign In
- 6 p.m. Cooking Demonstration and Meal  
Followed by the rest of the program

**NO COST TO ATTEND!**

Contact the Farm Bureau office at 815-244-3001 to reserve your spot today!

Reservations are due by Friday, February 19.

